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Phylogenetic Group and Virulence Gene Profile of Bovine Mastitis *Escherichia coli* Isolates from North West Cameroon

Ursula Anneh Abegewi^a, Seraphine Nkie Esemu^{a,b}, Roland N. Ndip^{a,b} and Lucy M. Ndip^{a,b*}

 ^a Department of Microbiology and Parasitology, Faculty of Science, University of Buea, Buea, Cameroon.
^b Laboratory for Emerging Infectious Diseases, University of Buea, Buea, Cameroon.

Authors' contributions

This work was carried out in collaboration among all authors. All authors read and approved the final manuscript.

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ABSTRACT

Escherichia coli, a facultative anaerobic bacterium existing in symbiosis in the gut of warm-blooded animals, has several strains some of which are pathogenic. Its virulence and pathogenicity have been associated with one of several phylogenetic groups. We examined bovine mastitis *E. coli* strains to identify phylogenetic groups and virulence genes in order to understand the public health implications of consuming unpasteurised milk. Thirty-seven *E. coli* isolates previously recovered from mastitis milk and identified by biochemical methods were confirmed by PCR and sequencing.

^{*}Corresponding author: Email: Indip@yahoo.com:

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The phylogenetic groups associated with mastitis were determined by the Clermont quadruplex PCR method. We also investigated 23 virulence genes in the isolates. All 37 isolates were confirmed to be *E. coli*. The phylogenetic groups detected were: A (37.8%), B1 (37.8%), F (8.1%), D (2.7%) and E (2.7%). We detected 11 of the 23 virulence genes investigated, and thirty-six (97.3%) isolates harboured at least one virulence gene. The genes detected were *fimH* (91.9%), *traT* (62.2%), *ehlyA* and *stx2* (37.8% each), *eaeA* (35.1%), *stx1* (29.7%), *f17* (16.7%), *kspMII* (13.5%), *iucD* (10.8%), *malX* (8.1%) and *hlyA* (8.1%). Nine virulence gene combinations were identified in phylogroups A and B. The detection of *iucD* and *malX* were significantly associated with *E. coli* that belonged to phylogenetic group F. Most *E. coli* strains in this study are related to intestinal *E. coli* pathotypes, based on the phylogroups and virulence genes suggesting a public health threat. Hence, biosafety measures are recommended in handling raw milk, while consuming unpasteurized milk should be discouraged.

Keywords: Escherichia coli; phylogenetic group; virulence genes; bovine mastitis; Cameroon.

1. INTRODUCTION

Escherichia coli (E. coli) is a facultative anaerobic microorganism that can exist in a symbiotic relationship in the gastrointestinal tract of animals from where it is excreted and could contaminate the soil and water bodies. Exposure to or consumption of contaminated sources can lead to intestinal or extraintestinal diseases in humans and animals, including bovine mastitis. E. coli is one of the primary etiologic agents of bovine mastitis, a worldwide production disease that negatively affects the mammary glands of cows. As long as cows produce faeces, it is evident that E. coli mastitis will remain [1] Though infection is self-limiting, the time for recovery of the gland may be long, during which composition remains affected, milk thus extending the economic impact of this pathogen in dairy production [2]. An infection with E. coli can lead to severe systemic clinical symptoms like sepsis [3] and a chronic form of mastitis which may be subclinical but elicit recurrent clinical episodes [4,5]. Apart from the economic consequence of infection, some of its strains, such as enterohaemorrhagic E. coli O157:H7, have great zoonotic importance that can be transmitted in mastitic milk [6]. This E. coli strain is known to cause haemorrhagic colitis and haemolytic uraemic syndrome in humans [7].

Phylogenetic grouping is widely used for studying E. coli or understanding E. coli population genetics [8,9]. Based on the genetic substructures, E. coli strains can be classified into one of eight phylogenetic groups (phylogroups): A, B1, B2, C, D, E, F [10] and Escherichia clade I [11]. Most commensal E. coli and intestinal pathogenic E. coli (IPEC) strains are more likely to be members of phylogroups A and B1. The majority of E. coli strains

responsible for extra-intestinal infections belong to phylogroups B2 and, to a lesser extent, D or F [12,13]. Strains belonging to different phylogroups occupy different ecological niches [14,15], have different phenotypic and genotypic traits [9] and differ in their ability to cause disease. Thus, phylgrouping helps us understand *E. coli* epidemiology.

Pathogenic *E. coli* strains possess specific virulence factors characteristic of IPEC and extraintestinal pathogenic *E. coli* (ExPEC) [16,17]. These virulence factors increase the ability of *E. coli* strains to cause distinct diseases and allow their classification into pathotypes [18]. However, mastitis *E. coli* strains are not associated with specific virulence factors [19,20,21].

Generally, E. coli strains exhibit a combination of virulence factors such as adhesins, toxins, invasins, capsule production, and the ability to resist serum complement and iron uptake systems (e.g., siderophores). These virulence factors perform different functions to facilitate colonization and host invasion, avoidance or disruption of host defence mechanisms, injury to host tissues, and stimulation of a harmful host inflammatory response [16]. Knowledge of the virulence-associated gene combinations in E. coli isolates from mastitis cases may allow an estimation of the risk of disease severity [6,22] and the most prevalent virulence factors may be targeted for prevention of E. coli bovine mastitis [23].

The involvement of *E. coli* in bovine mastitis has been reported in several studies from different areas including Cameroon. However, information is scarce on the phylogenetic groups and virulence gene profile of *E. coli* strains associated with bovine mastitis from Cameroon, particularly in the North West region of Cameroon. It has been shown that health status and environmental and geographic conditions could influence the distribution of *E. coli* phylogroups in animals and humans [24,25]. Bovine mastitis substantially negatively affects dairy production, and *E. coli* is a major bovine mastitis pathogen that can also be transmitted to humans in unpasteurised milk. This study aimed to identify the phylogenetic groups and virulence genes (targeting some virulence genes specific for both IPEC and ExPEC) of bovine mastitis *E. coli* strains. Epidemiological data obtained from this study could be helpful in applying appropriate preventive measures.

2. MATERIALS AND METHODS

2.1 *E. coli* isolates

The E. coli isolates for this study were obtained from previous study [26]. The isolates which had been identified only bv conventional microbiological and biochemical methods were preserved at -80°C in 50% glycerol broth. The geographical location from which the isolates were recovered, and the period have been described previously [26]. A total of 37 E. coli isolates from thirty-seven guarter milk samples (comprising 7 from clinical mastitis and 30 from subclinical mastitis) were investigated in this study.

2.2 Extraction of *E. coli* genomic DNA

Each *E. coli* isolate was revived by inoculating in 1mL nutrient broth (Liofilchem Diagnostic, Italy) and incubated at 37°C for 24h. DNA was extracted from pelleted cells using QIAamp DNA minikit (QIAGEN, Hilden, Germany) following the manufacturer's instructions. The eluted DNA was held at -20°C until used for polymerase chain reaction (PCR) analyses, which included confirmation of *E. coli* identity, phylogrouping and detection of virulence genes.

2.3. Molecular confirmation of *E. coli*

E. coli was confirmed in all putative *E. coli* samples by targeting regions on 23S ribosomal RNA gene specific to *E. coli* using published primers (Eco 223: ATCAACCGAGATTCCCCCAGT and Eco 455: TCACTATCGGTCAGTCAGGAG) and PCR conditions previously described [27]. For all PCR analyses, each reaction mixture was made up of 12.5µL of OneTaq Hot Start 2X Master Mix with Standard Buffer (New England Biolabs, UK), 0.5µL of 20µM of each oligonucleotide primer

(synthesized by Inqaba Biotec, South Africa), 5µL DNA template and nuclease-free water (Bioconcept, Switzerland) to top the final reaction volume to 25 µL. DNA amplification was done in a GenAmp PCR system thermal cycler (Applied Biosystems, USA). Amplified PCR products were purified and sequenced by Sanger sequencing at Inqaba Biotec in South Africa to further confirm *E. coli* identification. Bioedit version 7.2.6.1 was used to edit the sequences. Sequence similarity searches were carried out against sequences deposited in the GenBank database using the BLAST search tool

(http://www.ncbi.nlm.nih.gov/BLAST).

2.4 Phylogenetic group determination using PCR

DNA of each *E. coli* isolate was subjected to quadruplex PCR targeting four genes: *arpA*, *chuA*, *yjaA* and *tspE4.C2*, using primers and PCR conditions previously described [10] to classify isolates into one of the seven phylogroups A, B1, B2, C, D, E, F or five cryptic clades of *Escherichia*. Isolates that were either phylogroup A/C or D/E were distinguished using C- and E-specific primers, respectively, as described previously [10]. In E- and C-specific PCR reactions, the primers trpBA.f, and trpBA.r were added to provide an internal control [13]. The primer sets used, and the sizes of the expected PCR products are presented in Table 1.

2.5 Detection of genes associated with virulence by PCR

All *E. coli* isolates were screened for virulence genetic markers using conditions described previously for targeting *papEF*, *sfa/focDE*, *afa*, and *hlyA* (multiplex PCR) [31], *cnf* and *iucD* (duplex PCR) [31], *bfpA* [32], *f*17 [33] and *clpG* [34].

The detection of *traT* (singleplex), *kpsMII/papC* (duplex PCR), and *fimH/malX* (duplex PCR) was done using PCR conditions previously described by Johnson and Stell [35] with slight modifications. For all reactions, preheating of the mixture was done for 5min at 95°C, and extension was done for 30s (for *traT*), 30s (for *kpsMII/papC*), and 1min (for *fimH/malX*) at 68°C. Previously described conditions were used to investigate the presence of *aggR* [36], *It/st* (duplex PCR) [37] and *f5/f41* (duplex PCR) [38]. Multiplex PCR was performed to detect *stx1*, *stx2*, and *ehlyA* genes under the following optimized conditions: 95°C for 5min; 35 cycles of

Genes	Primer name	Primer sequence (5'-3')	Amplicon (bp)	Reference
arpA	AceK.f	AAC GCT ATT CGC CAG CTT GC	400	[10]
	ArpA1.r	TCT CCC CAT ACC GTA CGC TA		[28]
chuA	chuA.1b	ATG GTA CCG GAC GAA CCA AC	288	[10]
	chuA.2b	TGC CGC CAG TAC CAA AGA CA		[8]
yjaA	yjaA.1b	CAA ACG TGA AGT GTC AGG AG	211	[10]
	yjaA.2b	AAT GCG TTC CTC AAC CTG TG		
tspE4.C2	TspE4.C2.1b	CAC TAT TCG TAA GGT CAT CC	152	[10]
-	TspE4.C2.2b	AGT TTA TCG CTG CGG GTC GC		
arpA	ArpAgpE.f	GAT TCC ATC TTG TCA AAA TAT GCC	301	
	ArpAgpE.r	GAA AAG AAA AAG AAT TCC CAA GAG		[29]
trpA	trpAgpC.1	AGT TTT ATG CCC AGT GCG AG	219	
-	trpAgpC.2	TCT GCG CCG GTC ACG CCC		
trpA	trpBA.f	CGGCGATAAAGACATCTTCAC	489	[30]
-	trpBA.r	GCAACGCGGCCTGGCGGAAG		

Table 1. Genes and primers used for phylogenetic grouping

94°C for 1min, 52°C for 1min, and 68°C for 1min; and a final extension of 68°C for 5min. A singleplex PCR was performed for *eaeA* gene using these optimized conditions: 95°C for 5min; 35 cycles of 94°C for 1min, 58°C for 1min, and 72°C for 30s; and a final extension of 72°C for 5min. The primer sets used and the expected PCR product sizes are presented in Table 2.

PCR products mixed with DNA loading dye (New England Biolabs, UK) in the ratio 5:1 were electrophoresed in 1.5% agarose gels, then stained with ethidium bromide (Sigma-Aldrich, E-8751, Germany), destained with distilled water, and photographed by use of an ultraviolet transilluminator and digital capture system (Gel DOC^{XR} Imaging System, Bio-Rad, USA). The sizes of the amplicons were determined by comparing them with a 100-bp DNA ladder (New England Biolabs, UK).

2.6 Data and Statistical Analysis

The data generated from laboratory analyses were entered into Microsoft Excel spreadsheets 2010 and were analyzed using STATA version 16 statistical package. Frequency was calculated as a percentage value of the proportion of positive cases against the total number sampled. Comparison of the frequencies of virulence genes among phylogenetic groups was tested using Fisher's exact test. Statistical differences were considered significant when p<0.05.

3. RESULTS AND DISCUSSION

3.1 Results

3.1.1 Molecular confirmation of *E. coli* isolates

E. coli-specific target on 23S ribosomal RNA gene was detected in all 37 isolates (including seven from clinical and 30 from subclinical mastitis) (Fig. 1) to confirm *E. coli*. Thirty-one selected PCR amplified products sequenced, further confirmed the identification of *E. coli*. The sequences had homology ranging from 98.71 to 100% with Genbank sequences. All 31 sequences were deposited in the Genbank under accession numbers OR654111 to OR654141.

3.1.2 E. coli phylogenetic groups

The Clermont PCR method performed for the determination of *E. coli* phylogroups showed that phylogroups A (37.8%; 14/37) and B1 (37.8%; 14/37) had a high proportion, followed by group F (8.1%, 3/37). The groups with the most diminutive proportions were D (2.7%, 1/37), E (2.7%, 1/37) and *Escherichia* clade I or II (2.7%, 1/37). Some isolates (8.1%, 3/37) could not be classified under any phylogroup.

Table 3 depicts that, among the clinical isolates, the majority (71.4%) belonged to phylogroup A and the majority (46.7%) of the subclinical isolates belonged to phylogroup B1 and the differences were slightly significant (p = 0.046).





	Target protein	Gene	Primer name	Primer sequence (5'-3')	Amplicon (bp)	Reference
Adhesins/	Type I fimbriae	fimH	FimH f	TGCAGAACGGATAAGCCGTGG	508	[35]
colonization			FimH r	GCAGTCACCTGCCCTCCGGTA		
factors	F5(K99) fimbriae	f5	F5 f	TGGGACTACCAATGCTTCTG	450	[39]
			F5 r	TATCCACCATTAGACGGAGC		
	F17 fimbriae	f17	F17 f	GCAGAAAATTCAATTTATCCTTGG	537	[33]
			F17 r	CTGATAAGCGATGGTGTAATTAAC		
	F41 fimbriae	f41	F41f	GAGGGACTTTCATCTTTTAG	431	[40]
			F41r	AGTCCATTCCATTTAATGGC		
	P fimbriae	papEF	PapEF f	GCAACAGCAACGCTGGTTGCATCAT	336	[31]
			PapEF r	AGAGAGAGCCACTCTTATACGGACA		
		papC	PapC f	GACGGCTGTACTGCAGGGTGTGGCG	328	[41]
			PapC r	ATATCCTTTCTGCAGGGATGCAATA		
	S and FIC fimbriae	Sfa/focDE	sfa f	CTCCGGAGAACTGGGTGCATCTTAC	410	[42]
	Sfa/FocDE ^h region		sfa r	CGGAGGAGTAATTACAAACCTGGCA		
	Bundle –forming pili	bfpA	EP1	AAT GGTGCTTGCGCTTGCTGC	326	[43]
			EP2	GCCGCTTTATCCAACCTGGTA		
	Coli-surface associated	clpG	clpG1	GGGCGCTCTCTCCTTCAAC	402	[34]
	(CS31A)		clpG2	CGCCCTAATIGCTGGCGAC		F (0]
	Afimbrial adhesin	ata	Afat	GCIGGGCAGCAAACIAIAACICIC	750	[42]
			Ata r	CATCAAGCIGIIIGIICGICGCCG	004	
	Intimin	eaeA	EaeAt	GACCCGGCACAAGCATAAGC	384	
T			EaeA r		100	F 4 41
Ioxins	Shiga toxin 1	StX1	Stx1 f	ATAATUGUUATTUGTIGAUTAU	180	[44]
	Obine terrin 0	- (0	Stx1 r		055	
	Shiga toxin 2	StX2	Stx2 f		255	
	Outotovia recordia factor 1.8.0	ant	Stx2 r		500	[4]
	Cytotoxic necrotic factor 1 & 2	CIII	Chill		533	[45]
	Entorohoomolyoin	obly			E01	[4 4]
	Enteronaemolysin	eniyA	EnlyA I EbbyA r		004	[44]
	a- Haemolysin	hhγA			1177	[21]
		i iiyA	Hby Ar		11//	
Toxins	Coli-surface associated (CS31A) Afimbrial adhesin Intimin Shiga toxin 1 Shiga toxin 2 Cytotoxic necrotic factor 1 & 2 Enterohaemolysin α- Haemolysin	clpG afa eaeA stx1 stx2 cnf ehlyA hlyA	EP2 clpG1 clpG2 Afa f Afa r EaeA f EaeA f EaeA r Stx1 f Stx1 r Stx2 f Stx2 r Cnf f Cnf r EhlyA f EhlyA r HlyA r	GCCGCTTTATCCAACCTGGTA GGGCGCTCTCTCCTTCAAC CGCCCTAATTGCTGGCGAC GCTGGGCAGCAAACTATAACTCTC CATCAAGCTGTTTGTTCGTCGCCG GACCCGGCACAAGCATAAGC CCACCTGCAGCAACAAGAGG ATAAATCGCCATTCGTTGACTAC AGAACGCCCACTGAGATCATC GGCACTGTCTGAAACTGCTCC TCGCCAGTTATCTGACATTCTG CTGGACTCGAGGTGGTGG CTCCTGTCAACCACAGCC GCATCATCAAGCGTACGTTCC AATGAGCCAAGCTGGTTAAGCT AACAAGGATAAGCACTGTTCTGGCT ACCATATAAGCGGTCATTCCGTCA	402 750 384 180 255 533 534 1177	[43] [42] [44] [45] [44] [31]

Table 2. Genes associated with virulence and primers used for PCR amplification

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	Target protein	Gene	Primer name	Primer sequence (5'-3')	Amplicon (bp)	Reference
	Haet stable toxin	st	St f	TCTGTATTGTCTTTTTCACCTTTC	165	[37]
			St r	TTAATAGCACCCGGTACAAGC		
	Heat labile toxin	lt	Lb f	ATGAGTACTTCGATAGAGG	279	
			Lb r	ATGGTATTCCACCTAACGC		
Iron uptake	Aerobactin	iucD	iucD f	TACCGGATTGTCATATGCAGACCGT	602	[31]
systems			iucD r	AATATCTTCCTCCAGTCCGGAGAAG		
Factors	TraT lipoprotein	traT	TratT f	GGTGTGGTGCGATGAGCACAG	290	[35]
conferring			TraT r	CACGGTTCAGCCATCCCTGAG		
serum	Group II capsule	kpsMII	kpsII f	GCGCATTTGCTGATACTGTTG	272	
resistance			kpsll r	CATCCAGACGATAAGCATGAGCA		
Others	Aggregative Regulon (AggR)	aggR	aggR.F	GCAATCAGATTAARCAGCGATACA	426	[36]
	transcription regulator protein		aggR.R	CATTCTTGATTGCATAAGGATCTGG		
	Maltose regulatory	malX	RPAi f	GGACATCCTGTTACAGCGCGCA	930	[35]
	-		RPAi r	TCGCCACCAATCACAGCCGAAC		

Table 3. Phylogenetic group distribution of isolates by mastitis type

Mastitis type	Number examined		Number (%) of isolates in phylogenetic group									
		Α	B1	D	E	F	Clade I or II	Unknown				
Clinical	7	5 (71.4)	0 (0.0)	1 (14.3)	0 (0.0)	0 (0.0)	0 (0.0)	1 (14.3)	0.046*			
Subclinical	30	9 (30.0)	14 (46.7)	0 (0.0)	1 (3.3)	3 (10.0)	1 (3.3)	2 (6.7)	0.046*			

*Statistically significant variables (P < 0.05)

Virulence gene		Occurrent	ce of viru	lence facto	r genes b	y phylogroups	s (%)	Total (%) (n=37)	P value ¹	Type of i isolate (%	nastitis %)	P value ²
-	A (n=14)	B1 (n =14)	D (n=1)	E (n=1)	F (n= 3)	Escherichia clade I or II (n= 1)	Unclassified isolates (n=3)			Clinical (n=7)	Subclinical (n=30)	-
eaeA	7 (50.0)	3 (21.4)	1 (100.0)	-	-	1 (100.0)	1 (33.3)	13 (35.1)	0.217	4 (57.1)	9 (30.0)	0.213
ehlyA	7 (50.0)	3 (21.4)	-	1 (100.0)	1 (33.3)	-	2 (66.7)	14 (37.8)	0.398	2 (28.6)	12 (40.0)	0.687
f17	2 (14.3)	4 (28.6)	-	-	-	-	-	6 (16.2)	0.772	1 (14.3)	5 (20.0)	1.000
fimH	13 (92.9)	13 (92.9)	1 (100.0)	1 (100.0)	3 (100.0)	1 (100.0)	2 (66.7)	34 (91.9)	0.672	7 (100.0)	27 (90.0)	1.000
iucD	-	-	-	-	3 (100.0)	-	1 (33.3)	4 (10.8)	0.001*	0 (0.0)	4 (13.3)	0.570
kspMII	3 (21.4)	1 (7.1)	1 (100.0)	-	-	-	-	5 (13.5)	0.420	4 (57.1)	1 (3.3)	0.002*
malX	-	-	-	-	3 (100.0)	-	-	3 (8.1)	0.000*	0 (0.0)	3 (10.0)	1.000
stx1	6 (42.9)	2 (14.3)	-	1 (100.0)	1 (33.3)	-	1 (33.3)	11 (29.7)	0.361	1 (14.3)	10 (33.3)	0.649
stx2	7 (50.0)	3 (21.4)	1 (100.0)	1 (100.0)	1 (33.3)	-	1 (33.3)	14 (37.8)	0.398	2 (28.6)	12 (40.0)	0.687
traT	8 (57.1)	9 (64.3)	1 (100.0)	1 (100.0)	3 (100.0)	-	1 (33.3)	23 (62.2)	0.561	3 (42.9)	20 (66.7)	0.390
hlyA	-	3(21.4)	-	-	-	-	-	3 (8.1)	0.521	0 (0.0)	3 (10.0)	1.000

Table 4. Distribution of virulence genes detected in mastitis Escherichia coli among the different phylogroups and type of mastitis isolate

-, not detected; ¹, p-value of the association of each virulence gene among the different phylogenetic groups; ², p-value of the association of each virulence gene with mastitis type; *, Significant variables (P < 0.05)

Virulence profile	Gene combination	Number of isolates in phylogroup							Total number (%) of	Number of the different types	of isolates in ent mastitis
		Α	B1	D	Е	F	Clade I/II	Unknown	isolates	Clinical	Subclinial
	ehlyA	0	0	0	0	0	0	1	1 (2.8)	0	1
II	fimH	1	0	0	0	0	0	0	1 (2.8)	0	1
III	traT	0	1	0	0	0	0	0	1 (2.8)	0	1
IV	eaeA + fimH	0	0	0	0	0	1	1	2 (5.4)	1	0
V	fimH + kspMII	2	0	0	0	0	0	0	2 (5.6)	2	0
VI	fimH + f17	0	2	0	0	0	0	0	2 (5.6)	0	2
VII	fimH + traT	0	2	0	0	0	0	0	2 (5.6)	0	2
VIII	eaeA + f17 + fimH	0	1	0	0	0	0	0	1 (2.8)	0	1
IX	f17 + fimH + traT	1	0	0	0	0	0	0	1 (2.8)	0	1
Х	fimH + -hlyA + traT	0	3	0	0	0	0	0	3 (8.3)	0	3
XI	fimH + kspMII + traT	0	1	0	0	0	0	0	1 (2.8)	0	1
XII	eaeA + ehly + f17 + fimH	1	0	0	0	0	0	0	1 (2.8)	1	0
XIII	eaeA + f17 + fimH + stx1	0	1	0	0	0	0	0	1 (2.8)	0	1
XIV	eaeA + fimH + kspMII + traT	1	0	0	0	0	0	0	1 (2.8)	1	0
XV	eaeA + fimH + stx2 + traT	1	0	0	0	0	0	0	1 (2.8)	0	1
XVI	ehlyA + fimH + stx2 + traT	0	2	0	0	0	0	0	2 (5.6)	0	2
XVII	fimH + iucD + malX + traT	0	0	0	0	2	0	0	2 (5.6)	0	2
XVIII	eaeA + ehly + fimH + stx1 + stx2	1	1	0	0	0	0	0	2 (5.6)	0	2
XIX	eaeA + fimH + kspMII + stx2 + traT	0	0	1	0	0	0	0	1 (2.8)	1	0
XX	ehlyA + fimH + stx1 + stx2 + traT	2	0	0	1	0	0	0	3 (8.3)	1	2
XXI	eaeA + ehly + fimH + stx1 + stx2 + traT	3	0	0	0	0	0	0	3 (8.3)	0	3
XXII	ehlyA + fimH + iucD + stx1 + stx2+ traT	0	0	0	0	0	0	1	1 (2.8)	0	1
XXIII	ehlyA + fimH + iucD + malX + stx1 + stx2 + traT	0	0	0	0	1	0	0	1 (2.8)	0	1
Total		13	14	1	1	3	1	3	36 (100)	7	29

Table 5. Combinations of virulence genes detected in the mastitis *E. coli* isolates



Fig. 2. Number of virulence genes detected in *E. coli* strains

3.1.3 Prevalence and distribution of virulence genes

Analysis by PCR of the 37 *E. coli* isolates showed that 11 genes were detected out of the 23 virulence factor genes investigated. The most prevalent gene was the *fimH* gene (91.9%), followed by the *traT* gene (62.2%) and *ehlyA* and *stx2* genes (37.8% each) (Table 4).

Based on the distribution of virulence genes among the different phylogenetic groups, the prevalence of *iucD* (p = 0.001) and *malX* (p = 0.000) in phylogroup F was statistically significant (Table 4). In addition, the prevalence of *kspMII* (p = 0.002) was statistically significant among clinical mastitis isolates (Table 4).

Among the 37 *E. coli* isolates, one isolate had none of the genes investigated, 36 (97.3%) harboured at least one gene, while one isolate of the 36 isolates harboured 7 of the genes detected (Fig. 2). A wide virulence gene profile was determined among the *E. coli* isolates, with the most frequent gene combinations being: *fimH-hlyA-traT, ehlyA-fimH-stx1-stx2-traT* and *eaeA-ehly-fimH- stx1-stx2-traT* and *eaeA-ehly-fimH- stx1-stx2-traT* that were detected in three (8.1%; 3/37) isolates each (Table 5).

3.2 Discussion

To our knowledge, this is the first study in Cameroon, particularly the North West region, which determines the frequency of phylogenetic groups and virulence factor genes of mastitis *E. coli.* Phylogenetic grouping is essential for epidemiologic studies. Determination of phylogroups of *E. coli* using a simple extended quadruplex PCR phylogroup assignment method

proposed by Clermont *et al.* [10] has gained popularity.

According to our results, among the 37 E. coli isolates (comprising 7 from clinical mastitis and 30 from subclinical mastitis) majority (75.6%, 28/37) belonged to phylogroup A (37.8%, 14/37) and B1 (37.8%, 14/37). Similar findings have been reported in Iran [46] and China [47]. Of the seven clinical mastitis isolates, majority (5/7, 71.4%) belonged to phylogroup A. This corroborates reports from Finland [20] China [48], Brazil [49] and Bangladesh [50] that reported E. coli phylogroup A to be most prevalent among clinical mastitis. However, other studies in China [51], Switzerland [52] and Brazil [53] have reported a majority of E. coli isolates in clinical mastitis to belong to phylogroup B1. In Brazil, a study on clinical isolates even reported the same proportion of phylogroup A and B1 [54] and were the most common phylogroups. The difference in the proportions could be associated with differences in geographical locations. Several reports have indicated that E. coli of bovine origin were assigned mainly to phylogroups A and B1 [55,56,57], which may explain why the majority of E. coli that infect the bovine mammary gland belonged to phylogroups A and B1 since E. coli is an opportunistic environmental mastitis pathogen.

Together with phylogroups A and B1, which were the majority, we identified other phylogroups such as F (8.1% 3/37), D (2.7%, 1/37) and E (2.7%, 1/37), which also caused bovine mastitis. These phylogroups were also reported in other studies that evaluated *E. coli* isolated from bovine mastitis. Ghanbarpour and Oswald [46] reported 16.5% (n=127) of both clinical and subclinical isolates belonging to phylogroup D. Among clinical mastitis *E. coli* isolates, Guerra *et al.* [54] reported phylogroups D (4.0%; 2/50), F (8.0%; 4/50) and clade I or II (2.0%; 1/50), Nuesch-Inderbinen *et al.* [52] reported phylogroups D (9.8%; 8/82), E (2.4%; 2/82) and F (2.4%; 2/82), and Guerra *et al.* [51] reported group E (6.1%; 7/82).

This study found that 8.1% (3/37) of *E. coli* isolates from bovine mastitis were not assigned to any phylogroup using the Clermont quadruplex PCR method. Guerra *et al.* [53] in Brazil and Lan *et al.* [51] in China also reported 0.9% (1/114) and 5.4% (5/92) respectively of mastitis *E. coli* isolates that were not assigned to any phylogroup using this method. This could be because the strains are sporadic or the strains result from recombination events where the donor and recipient originated from two different phylogroups [10]. Another reason may be due to the frequent gain and loss of genes in the highly variable gene content *E. coli* [15].

The establishment of specific diseases by E. coli in humans and animals is characterized by mechanisms, represented mainly by adherence of the pathogen to host cells, toxin production, iron uptake, and the ability to resist the serum immune response [16] which are controlled by specific virulence genes. There is no specific profile of virulence genes in E. coli related to bovine mastitis [20, 58]. This study determined a diverse virulence gene combination among E. coli mastitis isolates (Table 4). The most common adhesins found in all E. coli isolates are type 1 fimbriae (fimH gene) [59]. The fimH gene (91.9%; 34/37) was the most common virulence gene detected among the isolates in this study. This finding is in agreement with studies that reported fimH detection of 100% (27/27) in Finland [20], 89.9% (71/79) in China [48] and 100% (114/114) in Brazil [53] among mastitis E. coli isolates as the most commonly detected virulence gene. Other studies have reported the detection of 76.7% in China [60] and 15% in Jordan [61] of the fimH gene but it was not the most frequently detected gene.

The second most frequently detected gene was traT (62.2%). To resist the host's complement system during infection, bacteria either utilize polysaccharides (e.g. capsules) or outer membrane proteins (e.g. TraT) [62]. The traT gene of *E. coli* encodes the outer lipoprotein of the membrane that interacts with the complement system, which is considered a serum factor of resistance [35]. The gene has

been associated with serum resistance in humans and avian isolates [63]. Other studies have detected the *traT* gene as the second most prevalent gene [53,61]. The *traT* gene has been detected as the most frequent virulence gene among *E. coli* isolates from mastitis dairy cows having prevalence between 36.8% [22] and 95.1% [60], although the importance of this gene, as a primary virulence mechanism of *E. coli* in mammary infections is not clear [64,65]. However, the presence of the *tra*T gene was correlated to *E. coli* causing clinical mastitis, compared to isolates from faeces, suggesting a role in mastitis pathogenesis [66].

Among the isolates, ehlyA and stx2 (37.8%, 14/37 each), eaeA (35.1%, 13/37) and stx1 (29.7%, 11/37) were also frequently detected. The ehlvA gene codes the toxin enterohaemolvtic E. coli (EHEC)-haemolvsin (similar in functions as α -haemolysin produced by ExPEC), a cytolytic protein toxin that lyses the erythrocytes of mammals and even fish [67]. Other studies have recorded ehlyA detection between 0% [20,47] and 19.1% [68] among mastitis E. coli isolates. The stx genes code shiga toxin (stx1 and stx2); an exotoxin produced by shiga-toxigenic E. coli (STEC) strains and this toxin is the main virulence factor of these strains which acts by inhibiting protein synthesis in endothelial and other cells [69,70]. Shiga toxins (stx1 and stx2) exhibit their effect in human beings and not cattle [71]. In this study, 15 (40.5%) strains harboured stx genes (Table 4). The gene eaeA codes for intimin, an attaching and effacing protein which is necessary for the characteristic intimate attachment of uropathogenic E. coli (UPEC), enteropathogenic E. coli (EPEC) and Shiga-toxigenic E. coli (STEC) strains to epithelial cells [16,72]. In line with the detection of these genes in our study, other studies have reported the detection of stx2 between 0% [48,52] and 55.3% [68], eaeA between 0% [52,60] and 89.3% [68], and stx1 between 0% [48,60] and 93% [61].

The presence of virulence genes associated with IPEC is undoubtedly true because cattle are the primary reservoir of IPEC strains, such as STEC [52]. The presence of these virulence genes among *E. coli* in milk (particularly in subclinical mastitis) increases the risk of severe infections in humans, highlighting the danger of consuming raw milk.

Other genes detected in our study included *f17* (16.7%), *kspMII* (13.5%), *iucD* (10.8%), *malX*

(8.1%) and hlyA (8.1%). According to our result, the gene that codes for capsule synthesis (kspMII) was detected more frequently among E. coli that caused clinical mastitis (57.1%) compared to subclinical mastitis (3.3%), and the difference was statistically significant (p = 0.002). Previous studies have only reported investigation of kspMII among clinical mastitis E. coli isolates, and our result was higher than previous results (range: 2.4 - 12.0%) [52.53]. This may mean that kspMII is an important virulence factor in E. coli pathogenicity of clinical mastitis. On another light, the gene that codes for aerobactin (siderophore) biosynthesis (iucD gene) and phosphotransferase enzyme II (malX gene) were detected more frequently among mastitis E. coli isolates that belonged to phylogroup F compared to the other phylogroups. The differences were statistically significant (*iucD*: p = 0.001 and *malX*: p = 0.000). MalX is part of a pathogenicity island associated with extraintestinal infections, and the enzyme it encodes utilizes mainly glucose and maltose [73]. IucD is also known to be associated with extraintestinal pathogenic E. coli (ExPEC) infections [74-77]. Phylogroup F is among the phylogroups mostly associated with ExPEC infections [12,13]. Thus, this may explain why these genes are significantly associated with phylogroup F. To the best of our knowledge, the investigation and detection of malX among mastitis E. coli isolates are reported for the first time in Cameroon. The differences in the presence of virulence genes in mastitis E. coli isolates could be due to differences in sample type, geographical area and number of isolates studied.

4. CONCLUSION

We found that *E. coli* phylogroups A (37.8%; 14/37) and B1 (37.8%; 14/37) were the most frequent cause of mastitis. Thirty six (97.3%) isolates haboured at least one of the virulence genes investigated. Twenty-three virulence gene profiles were determined and the most frequently detected genes were *fimH* (91.9%), followed by *traT* (62.2%), *ehlyA* and *stx2* (37.8% each), *eaeA* (35.1%, 13/37) and *stx1* (29.7%, 11/37). A diverse virulence gene combination (09) was identified in phylogroups A and B. The detection of *iucD* and *malX* was significantly associated (*P* < 0.05) with *E. coli* that belonged to phylogroup F.

The detection of virulence genes, as investigated in this study, does not say whether these genes are actually expressed. Hence, a study designed in this area to investigate the expression of these genes among mastitis *E. coli* isolates will throw more light on their involvement in the pathogenesis of *E. coli* mastitis. However, the presence of these genes among mastitis *E. coli* isolates indicates their potential to cause infections, especially in humans, as genes associated with IPEC strains were detected. Thus, it is important to apply biosafety measures when handling milk and prohibit raw milk consumption.

DATA AVAILABILITY

All data used to support the findings of this study are included in the article.

CONSENT AND ETHICAL APPROVAL

It is not applicable.

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COMPETING INTERESTS

Authors have declared that no competing interests exist.

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